



# 2024

## Citizen Science U.PORTO

FEBRUARY - APRIL

International \* Collaborative \* Interdisciplinary



CENTER FOR  
PSYCHOLOGY  
AT UNIVERSITY  
OF PORTO



TALLINN UNIVERSITY



Western Norway  
University of  
Applied Sciences



CITCEM  
CENTRO DE INVESTIGAÇÃO TRANSVERSAL EM  
CULTURA, ESPAÇO E MEMÓRIA



Erasmus+

Welcome to the training course on **Citizen Science for Psychological Wellbeing**. The main goal of this project is to prepare interdisciplinary teams to develop solutions that are **codefined** and **codesigned** with the **involvement of patients and professionals**.

Real life  
challenges

Participatory  
methodology

Cocreation  
of solutions

### 2024 Challenge: People Living with a Rare Disease



The course will have an intensive blended format of 10 weeks. Each week, students will complete tasks (Sprints) to progressively build up their project.

In the **first 9 weeks**, teams will be engaged in distance training, including:

		
<b>3-hours class</b> MONDAYS, 14:00-17:00h (PT time)	<b>Check Point</b>	<b>Mentoring</b> THURSDAYS, 12:00-12:30h (PT time)
<b>Synchronous online</b>	<b>Asynchronous Methodological Laboratory</b>	<b>Synchronous online</b>
<b>Theoretical presentation</b>	<b>Training resources</b>	<b>Expert trainers pool</b>
<b>Sprint preparation</b>	<b>Individual tasks</b>	<b>Guidance and feedback</b>

In the **last week** of the training teams will meet and work face-to-face at the Faculty of Psychology and Education Sciences, University of Porto

[\(Click here to see a virtual tour of our venue\)](#)

Each team will:

<b>Organize a workshop with citizens</b>	<b>Validate work assumptions</b>	<b>Finalize an innovative solution</b>	<b>Present their journey to an open audience</b>
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The best solutions will receive an award.

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## TRAINERS

### **Célia Sales (Coordinator)**

(Coordinator), Associate Professor at Faculty of Psychology and Education Sciences at the University of Porto (FPCEUP). Principal Investigator of interdisciplinary research projects in clinical and health psychology using Patient and Public Involvement.

### **António Coelho**

Associate Professor with Habilitation at the Faculty of Engineering at the University of Porto. Head of the Doctoral Program on Digital Media.

### **Christian Moltu**

Professor of Clinical Psychology and Research group lead, Western Norway University of Applied Science. Principal Investigator of participatory research projects for the development of systems for personalized care in mental health.

### **Hernâni Oliveira**

Invited Professor and Researcher at the University of Évora and CITCEM. Since 2019, he is the founder of the startup BRIGHT, a project aimed at the development of innovative products in the area of citizen empowerment.

### **Pedro Ferreira**

Assistant Professor at FPCEUP, his main research focus is the political participation and the political development of young people and adults with a concern on how art and technology contribute to it.

### **Sónia Sousa**

Associate Professor of Interaction Design at Tallinn University's School of Digital Technology. Head of the joint online MSc on Interaction Design. Her main research interests are Trust in technology, Interaction Design, Distance education, Human Computer interaction.

### **SUJA**

Associate Professor and Researcher at the UCD School of Nursing, Midwifery & Health Systems, University College Dublin. Fulbright Health Impact Scholar (2022). Co-lead of the All-Ireland Rare Diseases Interdisciplinary Research Network (RAiN). Principal investigator of the Rare Disease Research Partnership (RAINDROP) and RAIN programme.

### **Susana Pereira**

PhD in Science Communication, Project manager and Data Visualization Specialist at BRIGHT, and Researcher at the CITCEM (Transdisciplinary Research Centre «Culture, Space and Memory»). Her main interests include co-creation dynamics in science communication.



## COURSE FEE

The training is free.

The only cost per student will be the fee for certificate (5 euros).



## ERASMUS+ SCHOLARSHIP

Students from **European Universities with an Erasmus Agreement** are eligible for an **Erasmus+ Grant** to support the on-site training at the University of Porto. The grant covers **70 Euros per day**. A full attendance of the 5 days corresponds to a total grant of **350 Euros**.

This Erasmus+ grant is given by the student's own Institution. Students should apply for the grant at the Erasmus Offices at their Universities, indicating that this is an Intensive Blended Programme (BIP). Any doubts can be addressed to [erasmus@fpce.up.pt](mailto:erasmus@fpce.up.pt).



## PARTICIPANTS

The course is limited to **40 participants**, holders of a Master Degree, Phd students, or young researchers who completed their PhD less than five years ago, in the areas of Psychology, Health, Education Sciences, Arts, Architecture, Law, Engineering, Design, Communication Sciences, and related Social and Human Sciences.



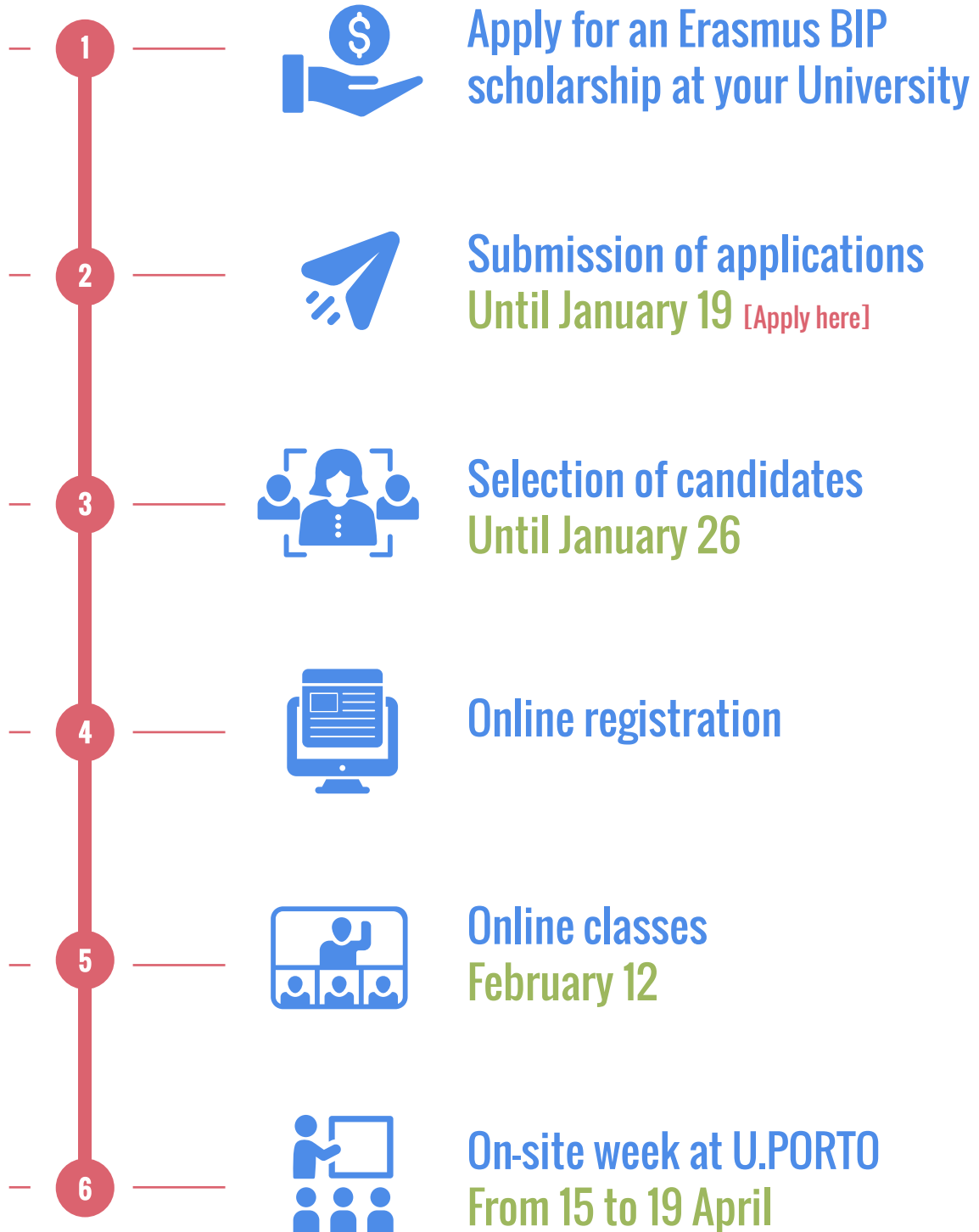
## SELECTION CRITERIA

Selection criteria will value the candidate's motivation, as well having an ongoing participatory project, as indicated in the motivation letter.

A minim of international **20 students receiving an Erasmus+ grant** will be selected.



# TIMELINE



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